

MCC

by Www W

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Article Review

The ¹ article **Racial/Ethnic Identity, Gender-role attitudes, and Multicultural Counselling Competence: The Role of Multicultural Counselling training** tried to examine the use of multicultural competences by counselors in the course of their duty. The author, Ruth Chu-Lien Chao, tried to explore if there are any changes that multicultural counseling changed the relationship between gender role attitudes and ethnic identity with MCC (Chao, 2012). Through research from various academic sources, the author explores the origin of Multicultural training with effect from when it was established as a theory until it became formalized by the program accreditation standards. Besides, the author engaged in his research through the administration of a questionnaire to justify the proposal. Generally, the article proposes that there are numerous interactions between ⁴ **gender role attitudes and racial identity and multicultural training.**

Multicultural training prioritizes the need for working on the cultural gender role attitudes of the counselors to enhance their effectiveness in the course of handling their tasks. Different counselors come from different cultural backgrounds that have varied attitudes and beliefs about gender roles, thus the need for the counselors to be aware so that they easily engage them in their course of delivering their services (Chao, 2012). The gender role attitudes also affect the effectiveness of the counselor because it affects their interventions and counseling skills (Chao, 2012). However, the research indicated that there is a positive correlation between attitudes on gender roles and MCC thus, an increase in the rate of training will automatically enhance the sensitivity of the counselors on their adoption of gender role attitudes.

Different people come from different ethnic identities that have their history that is critical to their living and has grooved their morals and values. Ones people start moving from unawareness to awareness about their ethnic identity, they become conscious of their race, thus

ethnic identity development (Chao, 2012). A counselor, therefore, with a high sense of ethnic identity, is most likely to get equipped with multicultural counseling competence. Despite their being researchers that have contemplated the findings, more articles have been published indicating that the counsellors at the low stages of identity of their race score less in MCC

The article's main argument has been substantiated with several credible academic materials, thus increasing the logic of its discussion. Besides, the fact that the author has outlined a methodology through which he tried to carry out a study to justify the theory. He also states the instruments he used in the collection of data, including a demographic questionnaire and a balanced inventory of desirable responses (Chao, 2012). The methodology and procedure used in the collection and analysis of the results are outlined, thus increasing the credibility of his findings since the due scientific research process has been followed (Chao, 2012). The results have been indicated in tables where there have been preliminary analyses with the discussion that has also outlined the recommendations and limitation for future research in the same area.

Conclusively, there are significant relationships between racial identity and attitudes on gender roles attitudes with multicultural training. The article study established the fact that there is a positive correlation of identity of race and MCC, revealing that the more a counselor gets aware of their ethnic self, they become more equipped with multicultural counseling competence. Besides, the multicultural training among counselors can have a significant effect on them developing gender role attitudes. The article justifies its argument by use of credible academic references and elaborates on the methodology that guided the whole study, including the discussion, recommendations, and limitations for future research.

Reference

- Chao, R. (2012). Racial/Ethnic Identity, Gender-Role Attitudes, and Multicultural Counseling Competence: The Role of Multicultural Counseling Training. *Journal Of Counseling & Development, 90*(1), 35-44. <https://doi.org/10.1111/j.1556-6676.2012.00006.x>

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